

FLU JABS

Seasonal Flu Vaccination Update - **APPOINTMENTS AVAILABLE NOW.**

Flu vaccination is available every year on the NHS to help protect adults and children at risk of flu and its complications. The flu vaccine reduces the risk of catching flu, as well as spreading it to others.

It is routinely given on the NHS to:

- Adults 65 years and over.
- People with certain medical conditions (including Children in at-risk groups from 6 months of age)
- Households of those on the shielded patient list.
- Pregnant women
- Children aged 2 – 3 years on 1st September 2020
- Children in primary school and the first year of secondary school (This is given in school)
- Frontline Health or Social care workers.

Later in the year, the flu vaccine may be given to people aged 50 to 64. We are awaiting NHS England information which we are told will be available later in the autumn about these patients.

At Whitley Road Medical Centre, we are expecting flu vaccines to be delivered late in September/early October and clinics are now available to be booked into. Please book online or call 0161 2054407 to book if you are eligible.

What to Expect from us:

- All Appointments will be pre-booked, with a one way system throughout the surgery to maintain social distancing
- Staff and volunteers to assist/advice
- Regular cleaning of all surfaces and equipment
- The wearing of appropriate personal protective equipment
- Hand sanitizing stations on arrival

What we ask in return please:

- Attend at the exact time of your Appointment – you will need to wait outside the building until your appointment time
- Attend alone if possible
- Wear a Face Covering
- Observe the social distancing and sanitizing measures that we have put in place
- Wear suitable clothing (ideally tshirts / sleeveless tops) so that you can easily remove outer layers of clothing and easily expose your arm